# WORKPLACE WELLBEING PROGRAMS

**Examples of Workplace Wellbeing Programs can be found at:**

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| [**WorkWell Toolkit**](https://www.workwell.vic.gov.au/toolkit)**(Vic Government)** | * Follow the prompts to develop your own toolkit/priorities including developing wellness and resilience iniatives and examples
* Also provides a guide to supporting employees with a mental illness to return to work
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| [**Guide to Promoting Health & Wellbeing in the Workplace**](https://www.headsup.org.au/docs/default-source/default-document-library/guide_to_promoting_health_and_wellbeing_in_the_workplace.pdf?sfvrsn=ebdf524d_2#:~:text=A%20workplace%20health%20and%20wellbeing,sustained%20employee%20healthy%20lifestyle%20changes.)**(ACT Government)** | * Examples of social and emotional wellbeing strategies (as well as other health strategies)
* Health and Wellbeing Policy Example
* Online Employee Health and Wellbeing Survey
* Healthy Workplaces Audit Tool
* Health and Wellbeing Action Plan Example
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| [**A workplace health and wellbeing toolkit: Step by step guide to developing a successful workplace program**](https://www.sahealth.sa.gov.au/wps/wcm/connect/759c74004db79f6a9169d516b75cb186/HWHF%2BToolkit-HWHF-PHPB-20162402.pdf)**(SA Government)** | * Health and wellbeing strategies
* Checklists for Getting Start, Needs Assessment, Action and Monitor and Review
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| [**Guidelines – Implementing a Workplace Health and Wellbeing Program**](http://www.dpac.tas.gov.au/__data/assets/pdf_file/0006/123855/Ministerial_Direction_23_Guidelines.pdf)**(Tas Government)** | * Implementation cycle for a workplace health and wellbeing program (including some examples)
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